(Executive Director)



Masters of Education, University of North Texas at Denton
Bachelor of Science, Wayland Baptist University

My therapeutic foundation is rational emotive behavioral therapy or REBT. REBT is a therapeutic approach which examines the beliefs and emotions an individual attaches to an event to gain insight into how those beliefs and emotions are currently effecting the individual or family in a non-productive manner.

My experience includes counseling pregnant and parenting teens at a local school district; intake specialist and adolescent group counselor at a psychiatric hospital, and family youth specialist for a foster care agency.

Additional work experience includes: CPS (currently DFPS), Sheriff's Department, and Juvenile Detention.